



PHYSICIAN'S ORDERS

ALLERGIES: See Master Allergy Sheet

ORDERED		ROUTINE ORDERS - POST PARTUM - VAGINAL DELIVERY – DR. HOLZHAUER	TIME ORDER NOTED
Date	Time		
		1. Regular diet.	
		2. Activity ad-lib.	
		3. Vital signs every 15 min. x 4; every 30 min. x 2; every hour x 2; then every 4 hours.	
		4. 20 units Oxytocin to IVF after placenta.	
		5. IV D5LR 125 ml/hr with 20 (twenty) units Oxytocin per liter. May D/C past 8 hours if no heavy bleeding.	
		6. Methylergonovine (Methergine) 0.2 mg intra-muscularly in LDR, then 0.2 mg tab. One (1) by mouth every 4 hours x 6 doses. Hold if diastolic BP equal to or greater than 90.	
		7. If mother is Rh negative: (a) cord blood Rh, direct Coombs (b) Rhogam investigation (c) If baby is Rh positive, give rhogam (1) ampule intra-muscularly	
		8. If mother is breast feeding, massage breast cream to bedside, use as needed.	
		9. Bind breast if not breast-feeding.	
		10. Massage fundus every 15 min x 4; every 30 min. x 2; every hour x 2; then as needed to maintain firmness.	
		11. Triazolam (Halcion) 0.25 mg (1) every bedtime as needed for sleep.	
		12. Propoxyphene Napsulate (Darvocet-N 100) (1) by mouth every 4 hours as needed for pain. Or Hydrocodone/APAP 7.5/325 mg (Lortab 7.5) (1) by mouth every 3 hours as needed for pain.	
		13. Docusate Sodium (Colace) 100-mg (1) by mouth every day.	
		14. Benzocaine 20% spray (Dermoplast/Americaine) spray three oz. can at bedside, as needed and take home. May use up to 6 times daily.	
		15. If episiotomy done, hot sitz bath twice daily.	
		16. Catheterize as needed.	
		17. HCT first post partum day.	
		18. Bisacodyl (Dulcolax) suppository (1) per rectum daily as needed for constipation.	
		19. Discharge to post partum when vital signs are stable and vaginal bleeding has decreased appropriately.	
		20. Placenta to pathology.	
Physician Signature: _____		Date/Time: _____	

▼ Addressograph / Patient Label ▼



ROUTINE STANDING ORDERS - POST PARTUM - VAGINAL DELIVERY – DR. HOLZHAUER